



## SATIPATTHANA MEDITATION CENTRE

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### JULY 2005 ACTIVITIES:

- 1. Series of Dhamma Talks (English) by Sayadaw Dr Dhammapiya on 30 Jun and 2, 3, 5, 7 & 9 Jul, 7.30 – 9 pm for all days, except for 3 Jul (Sun) 9.30 – 10.45 am, 2 & 9 Jul (Sat) 5 - 7 pm**  
Sayadaw Dr Dhammapiya will be conducting a series of Dhamma talks in English starting from 30 Jun. He is currently the Abbot of Mettananda Vihara, Fremont, California. All are welcome to attend the talks.
- 2. Prize Presentation Ceremony on 3 Jul (Sun), 7.30 pm for children who had completed Dhamma class held during 12-25 June**  
All parents, children, members and devotees are invited to grace this happy occasion.
- 3. Vassa Robe Offering Ceremony: 17 Jul (Sun), 9.30 am & 7.30 pm**  
Devotees who wish to offer vassa robes and requisites to the Sangha are welcome to participate in these meritorious offering ceremonies on 17 Jul at 9.30 am or 7.30 pm. There will be robes available for offering at the centre.
- 4. Invitation to observe vassā: 21 July (Thurs), 8 pm**  
The committee will be inviting Venerable Sayadaw U Rajinda and Venerable Sayadaw U Kosalla on 21 July, 8 pm to observe their vassa at SMC during the three-month vassana season.
- 5. Group Meditation Session: 31 Jul, Sunday, 8 am - 5 pm**  
All are welcome to join us in the group meditation session. Lunch will be provided. Please register at the notice board in SMC. Sadhu!
- 6. Pindapata (alms food offering): 31 Jul, Sunday, 9 am**  
On Sunday 31 Jul 2005, our two Venerables, Sayadaw U Rajinda and Sayadaw U Kosalla will be going on pindapata (collection of alms food) in the vicinity of SMC. Giving alms food or food dana is one of the meritorious deeds. Devotees will gather at 9 am to offer food dana to the Venerables on their alms round. Everyone is welcome to participate in this meritorious event and share the merit. Please do not offer money during the alms round as the monks will accept food only.  
Sadhu! Sadhu! Sadhu!

## 七月活动

1. 结夏安居供养袈裟给僧团，星期日，七月十七日，早上九点半和晚上七点半

供养袈裟给僧团结夏安居是一种福田。有意供养者请在早上九点半或晚上七点半到本中心参加供养仪式。

2. 邀请两位法师在 SMC 中心结夏安居，星期四，七月二十一日，晚上八点

SMC 行政人员将在七月二十一日，星期四，晚上八点举行邀请两位法师在 SMC 中心结夏安居三个月雨季。

3. 群体一天禅，星期日，七月三十一日，早上八点到下午五点

我们每月会举行集体成群一天禅修日。中心免费提供午餐给禅修者。禅修者如有意请到中心报名参加。

4. 拖钵化缘，星期日，七月三十一日，早上九点

我们的法师将在星期日，七月三十一日，在中心的附近化缘食物。布施食物也是一种善业。信徒们会在早上九点聚在一起布施食物。欢迎大家来参加这个有意义的善业回向一切功德给所有众生。请大家注意在供食物时不要奉金钱，因为法师们只接受食物而不受金钱。

善哉！善哉！善哉！

### Weekly Activities 每周期活动:

Wednesday, 7.30 pm 每逢星期三晚上七点半	Meditation & Dhamma Talk (Mandarin) 四念处禅修, 佛理讨论 (华语)
Thursday, 7.30 pm	Meditation & Dhamma Talk (English)
Sunday, 9.30 am	Puja, Meditation & Dhamma Talk (English)
Sunday, 11.30 am 每逢星期日早上十一点半	Lunch dana 布施食物给僧团
Sunday, 7.30 pm	Meditation & Dhamma Talk (Burmese)