



SATIPATTHANA MEDITATION CENTRE

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APRIL 2007 ACTIVITIES:

1. **Cheng Beng Memorial Service & Memorial Service for the Late Ven Acara Suvanno Maha Thero: 1 Apr, Sunday, 9.30 am**

Cheng Beng Memorial Service will be held on 1 April at 9.30 am. A memorial service will be conducted for the Late Venerable Acara Suvanno Maha Thero, the abbot of Lunas Buddhist Hermitage, who passed away on 11 March 07. Lights, flowers and robes will be available for offering. Please join us to share our merits with the Late Venerable, our dear departed ones, all our relatives in our previous lives and all beings. There will be a potluck lunch dana.

2. **Certificate Presentation Ceremony on 1 Apr (Sun), 4.30 pm for children who had completed Burmese Language (Reading & Writing) course conducted from Mar 2006 to Feb 2007**

All parents, children, members and devotees are invited to grace this happy occasion.

3. **Burmese New Year Celebration cum Food Fiesta: 15 Apr, Sunday, 9.30 am**

We will be celebrating Burmese New Year on 15 April at 9.30 am. A Food Fiesta will be held from 11 am onwards and a variety of delicious food (*Mohinga 'Burmese Laksa', Shwe Yin Aye 'Bubor Cha Cha', Burmese Tofu salad, Burmese Sujee cake, Mee Goreng, Rojak, 'Japanese jelly', fruits, drinks etc*) will be available for all devotees. Please join us on this joyous occasion and tickle your taste buds at the Food Fiesta. We wish everyone good health, peace of mind, happiness and a prosperous Burmese New Year.

Programme

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| 9.30 am | Taking Refuge and Five Precepts (Burmese)
Chanting
Dhamma Talk (Burmese)
Meditation
Sharing of Merits |
| 11.00 am | Offering of lunch dana to the Sangha (potluck)
& Start of Food Fiesta – <i>WHILE STOCKS LAST!</i> |

**4. Burmese Language Class (Reading & Writing) for Children:
Every Sun, 2 - 5 pm**

A Burmese Language class on reading and writing is conducted by lay teachers for children every Sunday from 2 – 5 pm.

5. Group Meditation Session: 29 Apr, Sunday, 8.30 am - 5 pm

All are welcome to join us in the group meditation session. Lunch will be provided. Please register at the notice board in SMC. Sadhu!

6. Pindapata (alms food offering): 29 Apr, Sunday, 9 am

On Sunday 29 Apr, our three Venerables, Sayadaw Rajinda, Ashin Viriyacara and Bhante Pannawuda will be going on pindapata (collection of alms food) in the vicinity of SMC. Giving alms food or food dana is one of the meritorious deeds. Devotees will gather at 9 am on the third storey of the centre to offer food dana to the Venerables on their alms round. Everyone is welcome to participate in this meritorious event and share the merit. Please do not offer money during the alms round as the monks will accept food only.

Sādhu! Sādhu! Sādhu!

四月活动

1. 群体一天禅，星期日，四月二十九日，早上八点半到下午五点

我们每月会举行集体成群一天禅修日。中心免费提供午餐给禅修者。禅修者如有意请到中心报名参加。

2. 拖钵化缘，星期日，四月二十九日，早上九点

我们的法师将在星期日,四月二十九日,在中心的附近化缘食物。布施食物也是一种善业。信徒们会在早上九点聚在一起布施食物。欢迎大家来参加这个有意义的善业回向一切公德给所有众生。请大家注意在供食物时不要奉金钱，因为法师们只接受食物而不受金钱。

善哉！善哉！善哉！

Weekly Activities 每周期活动:

Wednesday, 7.30 pm 每逢星期三晚上七点半	Meditation & Dhamma Talk (Mandarin) 四念处禅修, 佛理讨论 (华语)
Thursday, 7.30 pm	Meditation & Dhamma Talk (English)
Sunday, 9.30 am	Puja & Meditation
Sunday, 11.30 am 每逢星期日早上十一点半	Lunch dana 布施食物给僧团
Sunday, 7.30 pm	Meditation & Dhamma Talk (Burmese)

DHAMMA REFLECTION in the month of April 2007

Happy Days

Whatever beings, O monks, behave righteously by body, speech and mind during the morning/noon/evening, a happy morning/noon/evening will be theirs.

Truly auspicious and a festive time,
A happy morning and a joyful rising,
A precious moment and a blissful hour
Will come for those who offer alms
To the ones who lead the holy life.

On such a day, right actions in words and deeds,
Right thoughts and noble aspirations,
Bring gain to those who practise them;
Happy are those who reap such gain,
For they have grown in the Buddha's Teaching,
May you and all your relatives
Be happy and enjoy good health!

(III, 150)

*Adapted from 'Numerical Discourses of the Buddha –
An Anthology of Suttas from the Anguttara Nikaya',
Translated and edited by Nyanaponika Thera & Bhikkhu Bodhi, pg 78.*